

# Are You Ready to Quit?

## A Call to Persevere When You Feel Under Attack

When you are under attack God hears you!

There are seasons in life when it feels as though circumstances are stacked against you—when you feel attacked, overwhelmed, or on the verge of losing heart. David knew that feeling well. Psalm 31 was likely written during a time when Saul was hunting him, and David felt cut off, forgotten, and surrounded by danger. Yet even in that dark moment, David discovered something every believer must remember: **God hears you, God preserves you, and God strengthens you.**

Psalm 31:22–24 captures this beautifully:

“For I said in my haste, ‘I am cut off from before Your eyes’; Nevertheless You heard the voice of my supplications when I cried out to You. Oh, love the Lord, all you His saints! For the Lord preserves the faithful, And fully repays the proud person. Be of good courage, and He shall strengthen your heart, All you who hope in the Lord.”

From David’s experience—and from Paul’s writings—we learn several truths that anchor us when we feel like giving up.

### 1. Persevering in Faith Displays God’s Glory

Paul compared the believer’s perseverance to a light shining in the darkness. The enemy blinds unbelievers, but the faithful Christian shines the light of Christ into their hearts “to give the light of the knowledge of God’s glory in the face of Jesus Christ” (2 Cor. 4:6).

When you keep going—when you refuse to quit—you become a living testimony of God’s glory in a dark world.

## 2. We Persevere Because We Are Powered by Extraordinary Fuel

Paul described believers as “clay jars” filled with a priceless treasure (2 Cor. 4:7). Our bodies are fragile, vulnerable to pain, sickness, and pressure. But inside us resides the gospel—Christ Himself, the hope of glory.

This is why Paul could boldly declare, “I am able to do all things through Him who strengthens me” (Phil. 4:13).

When you feel like giving up, remember: **you are not running on your own strength.** The Holy Spirit within you has more than enough power to sustain you.

## 3. Your Perseverance Encourages Others

Paul understood that his endurance strengthened the faith of others. He wrote that his perseverance was “for your benefit... so that grace... may cause thanksgiving to increase to the glory of God” (2 Cor. 4:15).

Your faithfulness—your refusal to quit—may be the very thing that inspires someone else to keep going in their own battle.

## 4. We Persevere Because We Have the Promise of Resurrection and Eternal Life

Paul reminded the Corinthians that even though the outer person is wasting away, the inner person is being renewed daily. Our present troubles are “momentary light affliction” compared to the “absolutely incomparable eternal weight of glory” awaiting us (2 Cor. 4:16–18).

And in Romans 8:37–39, Paul declared that nothing—absolutely nothing—can separate us from the love of God in Christ Jesus.

With promises like these, we can say with conviction: **Don’t give up. Don’t ever give up.**

# Why Do People Give Up?

Scripture acknowledges the pressures that tempt us to quit. Several common factors stand out:

## 1. Discouragement

We begin with passion, but when results don't come or appreciation fades, discouragement sets in. Scripture warns fathers not to provoke their children lest they become discouraged. Adults respond the same way—discouraged hearts often give up.

God's remedy is community: "Encourage one another and build each other up" (1 Thess. 5:11).

## 2. Pride

Sometimes we start well, but pride creeps in. When failure, confrontation, or embarrassment comes, pride urges us to walk away rather than humble ourselves and try again. Proverbs 16:18 warns that pride leads to destruction.

## 3. Exhaustion

Even good work becomes unsustainable without healthy boundaries. Helpers, caregivers, and ministers are especially vulnerable to burnout. Jesus modeled a rhythm of ministry and solitude—slipping away early in the morning to pray (Mark 1:35; Matt. 14:23; Luke 5:16).

You cannot pour out what you do not possess.

# Biblical Examples of Perseverance

Scripture is filled with men and women who refused to quit:

- **Nehemiah** kept building the wall despite fierce opposition.
- **Caleb**, at 85 years old, claimed the mountain God promised him.
- **Jesus** endured the cross for the joy set before Him.

Hebrews 12:3 urges us to “consider Him who endured such opposition... so that you will not grow weary and lose heart.”

**When we give up too soon, we lose out on all God planned to do through and for us.**